



# CONFIDENTIAL HEALTH HISTORY

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Student Counseling & Success Center  
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Name: Last: \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_

Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender \_\_\_\_\_ Semester/Year entering YHC \_\_\_\_\_

Home Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Student's Cell Phone \_\_\_\_\_

Home Physician \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

## EMERGENCY CONTACTS (LIST 2)

1. Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

Work # (\_\_\_\_) \_\_\_\_\_ Home (\_\_\_\_) \_\_\_\_\_ Cell \_\_\_\_\_

2. Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

Work # (\_\_\_\_) \_\_\_\_\_ Home (\_\_\_\_) \_\_\_\_\_ Cell \_\_\_\_\_

### ACKNOWLEDGEMENT AND AUTHORIZATION BY STUDENT AND / OR PARENT / GUARDIAN

All information given on this form is true to the best of my knowledge and I have no abnormality, limitation, or restriction not mentioned in this record. I agree to notify the Student Counseling Center of any change that may occur, whether such change occurs prior to my registration or while I am a student.

I understand that my counseling/health records are confidential. To have my records shared with others requires my written permission except if there is evidence of clear and imminent danger of harm to self or others, in which case, a counselor is legally required to report this to the appropriate persons in order to ensure safety.

PERMISSION is hereby granted to the Student Counseling staff for treatment of this student.

Student signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian signature (if student is under the age of 18) \_\_\_\_\_

Medication Allergies                      Food/Environmental Allergies                      Current Medications & Dosage




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Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Please check all that apply & Circle the main problem**

Difficulty with:	You	Now	Past	Family
Anxiety				
Depression				
Drugs/Alcohol (specify)				
Suicide/Thoughts				
Hurting Self / Others				
Abuse (specify)				
Psychiatric Hospitalization				
Nervous Breakdown				
Fears/ Panic				
Excessive Worry				
Feeling Manic				
Communicating w/others				
Parents/Othes (specify)				
Sleeping too much/little				
Getting to sleep				
Waking too early				
Nightmares				

Difficulty with:	You	Now	Past	Family
Domestic Violence				
Sexual Concerns				
Legal Problems				
Trusting Others				
Concentration				
Irritability				
Anger or Temper				
Learning Disabilities				
Often makes mistakes				
Frequently fidgets				
Completing Tasks				
Paying Attention				
Easily Distracted				
Hyperactive				

**Any additional information you would like to include that isn't listed that we need to be aware of:**

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