Career Services and Professional Development

Internships, Jobs, and Volunteering

There is no better way to learn if a specific field is right for you, gain practical experience, and to develop valuable connections than to obtain an internship throughout your undergraduate career. Internships show organizations to whom you apply in the future that you have gotten your feet wet in their industry, and that you have demonstrated some degree of competency and responsibility which makes you a more favorable candidate.

While this is by no means a guarantee, many organizations often end up sharing full-time job offers with interns once their term has concluded. The simple truth is that all else equal, having meaningful experience in your field and being able to knowledgably communicate the value of that experience in an interview puts the odds of getting hired heavily in your favor compared to other candidates. So, how then can you find and apply for internships and other opportunities?

Utilize the Handshake platform to search for internship openings across the country. Handshake is a platform that caters exclusively to college students and recent college graduates by allowing students to find and apply for jobs and internships, make appointments with their universities career center representatives, and connect with employers virtually or in-person at events.

Make an appointment through Handshake to meet with our Internship Coordinator to communicate your interests and find out what internship opportunities are within driving distance.



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All students who intend to participate in an internship and receive academic credit for said internship must meet with the Internship Coordinator to go over the requirements that must be met in order to receive credit. These requirements are detailed in the "Internship Application" packet which will be shared and explained to you by the Internship Coordinator upon meeting. This application is always due on the final day of drop/add of the semester in which you intend to participate in the internship. If you are involved in a supervised on-campus experience that you feel constitutes an internship, please reach out to or set a meeting time with the Internship Coordinator to discuss possibly gaining credit for said experience.

Participating in volunteer opportunities is heavily encouraged for YHC students. While you likely won't be getting paid or working as many hours, you can still gain invaluable experience and make strong connections through volunteering with organizations in your field. Our offices representatives always have volunteer opportunities on their radar, so reaching out via email or making an appointment in Handshake is a great way to learn more about what volunteer options are available and how they can help your career development.

Not only is our office available to aid in your internship search, but we can also help connect you to part and full-time work during or after your undergraduate career as well as show you the best practices for job searching. Whether you're looking for casual labor to make money working part-time off campus or to get set up with a job offer right after graduation, we are here to help you accomplish your goal. Make an appointment with a career center representative on Handshake to discuss your desires, we may even be aware of local companies hiring people with your credentials. You can also utilize platforms like LinkedIn, Handshake, and Glassdoor to start your job search before your meeting in order to get an idea of what opportunities are out there and what locations you're willing to work in.

